

## **Appendix A:**

### **Slough Wellbeing Board**

#### **Annual Report 2016-17**

##### **Foreword**

Welcome to the second Annual Report of the Slough Wellbeing Board. This report covers the period from May 2016 to April 2017.

The Board works towards achieving the best health and wellbeing outcomes for the residents of Slough. Our vision is to make Slough a place where “people are proud to live, where diversity is celebrated and where residents can lead safe, fulfilling, prosperous and healthy lives.”

The issues of health and wellbeing affecting residents in the town are many and varied, however, to ensure the Board meets its aim it is important there is a clear focus with defined priorities and outcomes. The Board’s new Joint Wellbeing Strategy was published in September 2016 and sets out our agreed direction of travel, based on a refreshed Joint Strategic Needs Assessment and with a renewed focus on the Board’s statutory and local strategic partnership functions.

This report summarises the work that the Board has overseen to deliver our statutory responsibilities and the local priorities we have set in our Wellbeing Strategy.

I would like to thank all Board members both past and present for their commitment to moving the town’s health and wellbeing agenda forward.

I look forward to working with colleagues on this challenging agenda over the coming months to realise the opportunities we have in Slough and improve the health and wellbeing of our population.

Councillor Sabia Hussain  
Chair of Slough Wellbeing Board

##### **Section 1: Introduction**

Slough Wellbeing Board has a commitment to openness and transparency in the way that the Board carries out its work and is accountable to local people. This includes a commitment to annually review progress against the Board’s ambition to reduce health inequalities and improve health and wellbeing outcomes across the borough. This annual report sets out a review of the Wellbeing Board’s progress over the last year and sets the context for the work of the Board during the year ahead.

##### **Section 2: About the Slough Wellbeing Board**

The Slough Wellbeing Board was formally established as a statutory committee of the council in April 2013; in accordance with the legislation passed in the Health and Social Care Act 2012.

The purpose of the Slough Wellbeing Board is to:

- Improve health and wellbeing
- Reduce gaps in life expectancy across Slough
- Focus on the wider determinants of health, such as education and training, housing, the economy and employment and
- Commission better, more integrated and efficient health and social care services.

The Slough Wellbeing Board has a series of statutory responsibilities duties which are set out at Appendix 1.

### **Membership**

In Slough we have taken a decision to widen membership beyond the statutory requirements. The Board has sought to ensure it is able to play a more strategic role so that it can have genuine influence and set direction. We have therefore called our overarching partnership the Slough Wellbeing Board rather than the Health and Wellbeing Board as our arrangements go beyond statutory requirements.

The current membership (as of April 2017) is as follows:

- Slough Borough Council
- NHS
- Slough Clinical Commissioning Group
- Healthwatch Slough
- Thames Valley Police
- Royal Berkshire Fire and Rescue Service
- Slough Council for Voluntary Service
- Business sector

### **Decision-making**

The Slough Wellbeing Board is subject to the same openness and transparency rules as other committees of the Council. All meetings are held in public and all of its agendas, reports and decisions are available to view on the Council's website at: [www.slough.gov.uk/moderngov/ieListMeetings.aspx?CommitteId=592](http://www.slough.gov.uk/moderngov/ieListMeetings.aspx?CommitteId=592)

The Slough Wellbeing Board is also subject to scrutiny through the Council's Health Scrutiny Panel. Information about this Committee is available to view on the Council's website at: [www.slough.gov.uk/moderngov/mgCommitteeDetails.aspx?ID=105](http://www.slough.gov.uk/moderngov/mgCommitteeDetails.aspx?ID=105)

### **How the Wellbeing Board works with the key partnership groups in Slough**

The Wellbeing Board works closely with the following:

- Health and Social Care Priority Delivery Group
- Safer Slough Partnership
- Slough's Local Safeguarding Children's Board
- Slough's Adult Safeguarding Board

Each of these partnerships contribute to the delivery of various aspects of the Slough Wellbeing Strategy. Updates on their work have been included in the Wellbeing Strategy Priorities section of this report.

The Wellbeing Strategy 2016 – 2020 explains there is a wider partnership network operating across the borough which the Wellbeing Board is seeking to better coordinate. To that end the Wellbeing Board held the first Slough Partnership Conference in September 2016 to strengthen partner relations and working.

## **Section 2: The Health and Wellbeing Context**

According to the Public Health England Health Profile for Slough published in June 2016 the health of people in Slough is varied compared with the England average.

- Total life expectancy in Slough is improving: Men are expected to live on average until 78, while women are expected to live until 82. These rates are broadly similar to the average English rates of 79 for men and 83 for women.
- However, healthy life expectancy across the borough is worsening: women on average live the last 24 years of their life in poor health (compared to 20 years in England), while men live the last 18 years of life in poor health (compared to 16 years in England).
- This means men live shorter lives on average than women in Slough, but they spend a higher proportion of their lives in good health.
- There are also large disparities between the most and least deprived parts of the borough: Life expectancy is 4.5 years lower for men and 3.8 years lower for women in the most deprived areas of Slough, compared to the least deprived areas.
- Whilst deprivation is lower than average, about 19.5% (6,600) children live in poverty.
- Obesity in children in Year 6 is worse than the average for England.
- Levels of GCSE attainment, breastfeeding and smoking at time of delivery are all better than the England average.
- There are a significantly lower percentage of physically active adults in Slough than the regional and England averages.
- The rate of smoking related deaths and estimated levels of adult smoking are also worse than the England average, as are the rates of TB and late diagnosis of HIV.
- Diabetes is also significantly higher than the England average amongst adults.
- The take up of cancer screening programmes and preventative programmes in Slough is poor.
- Death rates for cardio vascular disease (CVD) in Slough are significantly higher than the rest of Berkshire, the south east and England– although death rates do appear to be falling at least as fast as the rest of the country.
- The prevalence of mental health conditions is on the rise in Slough – however a significant number of people do not seek help/access services. There are also high levels of substance and alcohol misuse.
- As people live longer the health and care needs of Slough's older people are predicted to increase.

- Social isolation, depression and dementia rates are also steadily increasing across the town.

More information on the JSNA can be found here - [www.slough.gov.uk](http://www.slough.gov.uk)

### **Section 3: Highlights of progress overseen by the Wellbeing Board**

Between May 2016 and April 2017 the Slough Wellbeing Board met six times in public. The section below sets out highlights of the work undertaken against the Board's statutory responsibilities and against the four priorities of the Wellbeing Strategy 2016 – 2020.

#### ***Statutory responsibilities***

##### **Joint Strategic Needs Assessment (JSNA)**

Over the course of the past four years work has been ongoing to refresh Slough's JSNA; this included a light refresh of key data in 2016 and the document being published online. An easy to read summary version of the JSNA using infographics was also published and is available at: [www.slough.gov.uk/council/joint-strategic-needs-assessment/](http://www.slough.gov.uk/council/joint-strategic-needs-assessment/). Work has also taken place on a number of more in depth needs assessments around a variety of topics including the recommissioning of major services such as Sexual Health, our Cardiovascular Prevention Programmes and the 0-19 Public Health Services. These findings were also taken into consideration when the Board refreshed its Joint Wellbeing Strategy for 2016 - 2020.

##### **Refreshing the Joint Wellbeing Strategy**

Following a number of workshops in 2016, the Slough Wellbeing Board undertook a strategic review of its 2013 – 2016 Wellbeing Strategy and the priorities that underpinned it. This review set out to assess the progress of the Board over its three years in operation and to decide whether a new set of priorities were needed for the future. Having reviewed the evidence and following comments and feedback from Board members and key partners, four new priorities were agreed and have been used to develop the refreshed Wellbeing Strategy for 2016 – 2020:

1. Protecting vulnerable children
2. Increasing life expectancy by focusing on inequalities
3. Improving mental health and wellbeing
4. Housing

For each of these priorities the Wellbeing Strategy explains why it is important; what the Board hopes to achieve by tackling it and what it and others will collectively do to address it in the year ahead. These priorities are not set in stone and we will review our approach annually and check whether there is a need to focus on different priorities for the next year. Progress towards the Board's refreshed strategic priorities is outlined in the next section. More information on the Strategy can be found here - [www.slough.gov.uk/council/strategies-plans-and-policies/slough-joint-wellbeing-strategy.aspx](http://www.slough.gov.uk/council/strategies-plans-and-policies/slough-joint-wellbeing-strategy.aspx)

## Clinical Commissioning Group's (CCG's) Commissioning Plans

### ***Commissioning Intentions Plan for 2017/18 and 2018/19***

In November 2016 the Slough Wellbeing Board were given the opportunity to scrutinise Slough Clinical Commissioning Group's (CCG's) Commissioning Intentions for 2017/18 and 2018/19 for the borough. The report outlined the approach the CCG was taking to develop the 2017/18 to 2018/19 Operating Plan, including the development of strategic priorities, and commissioning intentions at both a CCG and Sustainability and Transformation Plan (STP) level. It sets out, at a high level, the commissioning intentions of three East Berkshire Clinical Commissioning Groups (CCGs) (including Slough's) for the period April 2017 to March 2019, which were subsequently submitted to NHS England (NHSE) in December 2016 for approval. This plan will shortly be amended following further publication of the NHS England planning guidance and to reflect ongoing discussions with partners within the STP as the priorities and work streams emerge throughout 2017/18.

In the meantime, work continues on the development of the CCG's 5 Year Plan strategic priorities, which will be shared with the Wellbeing Board in [March / May 2017]. Progress against these plans will continue to be reported to Board in accordance with its statutory responsibilities. More information on this Plan can be found here - [www.sloughccg.nhs.uk/about-us/our-plans](http://www.sloughccg.nhs.uk/about-us/our-plans)

### ***2016-17 Slough CCG Annual Report***

[Checking timetable now]

### **Integration / partnership working**

Throughout 2016/17 the Slough Wellbeing Board has overseen the development and delivery of a number of ambitious plans for local health and social care integration which will underpin the town's ambitions for the next [five] years. This has provided a unique opportunity for the Wellbeing Board to drive forward its ambitions around health and social care integration, and has required a new level of strategic leadership from the Board. Within this context, the Board's headline achievements during 2016/17 have included the following:

### ***Sustainability and Transformation Plan (STP)***

In October 2014 NHS England published the Five Year Forward View setting out an ambitious change agenda for the NHS to ensure sustainability for the future.

The Five Year Forward View looks to address:

- The health and wellbeing gap: getting serious about prevention.
- The care and quality gap: harnessing technology and reducing variation in the quality and safety of care.
- The funding and efficiency gap: match reasonable funding levels with wide-ranging system efficiencies

The NHS planning guidance sets out the requirement for a five-year place based Sustainability and Transformation Plan (STP), supported by an annual operating plan for each Clinical Commissioning Group (CCG). The Frimely STP (which includes Slough) sets the direction for the local areas to achieve the ambitions of the Five Year Forward View. It provides a clear and powerful shared vision across the

local NHS system, local government and local communities, underpinned by an open, engaging and iterative process of development and consultation. The STP is the overarching plan, and is supported by a number of more detailed plans on primary care sustainability, prevention, self-care and patient empowerment and a joint plan for the delivery of the Better Care Fund requirements. It complements existing strategies and supports the refreshed Wellbeing Strategy for Slough. Slough Wellbeing Board will continue to receive regular updates on the development of these plans and the delivery of the overarching STP at future meetings. More information on the STP can be found here – [www.sloughccg.nhs.uk/about-us/sustainability-and-transformation-plan](http://www.sloughccg.nhs.uk/about-us/sustainability-and-transformation-plan)

### ***Better Care Fund***

The Better Care Fund (BCF) is a £8.76 million pooled budget between Slough Borough Council and Slough's CCG. It is a government initiative to transform local health and social care services so that they work together to provide better joined up care and support. The aims and benefits of partners into this agreement are to:

- Improve the quality and efficiency of the Services;
- Meet the National Conditions and Local Objectives;
- Make more effective use of resources through the establishment and maintenance of a pooled fund for revenue expenditure on the Services;
- Reduce hospital admissions and delayed transfers of care; and
- Protect social care services.

All BCF schemes had a positive impact on reducing demand in respect of admissions to hospital, care home admissions and discharge from hospital. But like the rest of the country demand for hospital services has meant an increase in overall admissions. Activity is being monitored by the BCF programme and Wellbeing Boards. The Slough Wellbeing Board will continue to receive regular updates on the delivery of the BCF at future meetings. More information on the BCF can be found here – [www.slough.gov.uk/council/strategies-plans-and-policies/slough-better-care-fund.aspx](http://www.slough.gov.uk/council/strategies-plans-and-policies/slough-better-care-fund.aspx)

### ***Pharmaceutical Needs Assessment***

The Slough Wellbeing Board is responsible for the production of a Pharmaceutical Needs Assessment (PNA) for Slough. A PNA sets out the needs for pharmaceutical services provided in the community by analysing health needs and current provision. The ultimate aim is to ensure that residents can access medicines, other products and services to help them live long and healthy lives. The current PNA was approved by Slough Wellbeing Board in 2015 and runs until 2018. It will be renewed during the course of 2017/18 with an updated document taken to the Wellbeing Board for endorsement in early 2018. More information on the PNA can be found here - [www.slough.gov.uk/council/joint-strategic-needs-assessment/pharmacy-needs-assessment.aspx](http://www.slough.gov.uk/council/joint-strategic-needs-assessment/pharmacy-needs-assessment.aspx)

## **Safeguarding**

The Wellbeing Board received annual reports from both the Safeguarding Adults Board and the Local Safeguarding Children's Board. The key issues facing the Adult Safeguarding Board during this period included the identification and management of risk; working with people who self-neglect; mental capacity and the deprivation of liberty safeguards; and making safeguarding personal. The Children's Safeguarding Board's work programme during this period concentrated on implementing revised multi-agency threshold guidance for practitioners; introducing more effective processes on quality assurance; and taking action to strengthen the Board's oversight of its multi-agency response to children at risk of exploitation. More information about the work of these boards can be found at [www.slough.gov.uk/council/strategies-plans-and-policies/slough-safeguarding-adults-board.aspx](http://www.slough.gov.uk/council/strategies-plans-and-policies/slough-safeguarding-adults-board.aspx) and [www.slough.gov.uk/council/strategies-plans-and-policies/annual-reports-and-business-plans.aspx](http://www.slough.gov.uk/council/strategies-plans-and-policies/annual-reports-and-business-plans.aspx) respectively.

### **Priorities in the Joint Wellbeing Strategy 2016 – 2020**

This section provides a summary of the progress that has been made to achieve the four strategic priorities of the Wellbeing Strategy.

#### **Priority 1: Protecting vulnerable children**

#### **Priority 2: Increasing life expectancy by focusing on inequalities**

#### **Priority 3: Improving mental health and wellbeing**

#### **Priority 4: Housing**

#### ***Other Achievements in 2016/17 included:***

- Publishing a Forward Work Plan online to encourage better coordination of issues between the Board and other partnerships / Committees.
- Reorganising the Board's agendas so that more time is now provided for those items requiring discussion and decision and less time for those items which are for approval and information;
- Hosting its first annual Partnership Conference at The Curve. The conference, which is a component of the Board's strategic objective to build a strong local partnership through collaborations with Slough's multi-sector partners, provided participants with an opportunity to come together and receive information about the new Wellbeing Strategy and discuss recent developments, challenges and opportunities in Slough across the health and wellbeing sector. The event attracted over 60 participants that included a diverse group of community-based, nonprofit, public and private sector representatives. A second conference will be held in September 2017.
- Hosting a themed discussion on Engaging People to look at public and community involvement in the work of the Board. The workshop represented an indispensable first step in understanding, from the standpoint of participants, both the problems and priorities for action within their target communities. Progress was also made in developing a better understanding of who the Board's legitimate 'stakeholders' might be, so that we can start to

initiate an honest dialogue with these groups, identify the resources and skills that exist within the community and build community confidence and capacity.

- Refreshing its Overarching Information Sharing Protocol to ensure information is shared consistently and securely between Board members.
- Refreshing its Safeguarding People Protocol. This Protocol sets out the distinct roles and responsibilities of the Slough Wellbeing Board, Slough Local Safeguarding Children's Board, Slough Adults Safeguarding Board, Safer Slough Partnership, the Preventing Violent Extremism Group and the Joint Parenting Panel and the interrelationships between them in terms of safeguarding the people of Slough and the means by which effective co-ordination and coherence between the Boards will be secured.
- Publishing a Protocol which sets out the respective roles and statutory responsibilities of the Slough Wellbeing Board, Healthwatch Slough and the council's Health Scrutiny Panel and provides a framework for handling key issues and information between these Committees in light of their individual functions.

More information about these Protocols can be found at

[www.slough.gov.uk/council/strategies-plans-and-policies/slough-joint-wellbeing-strategy.aspx](http://www.slough.gov.uk/council/strategies-plans-and-policies/slough-joint-wellbeing-strategy.aspx)

- Receiving a number of reports from Healthwatch Slough, including:
  - Healthwatch Slough Operating Plan 2016/17
  - The use of the Prime Minister's Challenge Fund, to increase access to extended hours appointments
  - The Use of Slough Walk In Centre at Upton Hospital by vulnerable people
  - The Big Food Fight – A Children's Quiz –young people's understanding and experience of health, wellbeing and related local services.
  - Quarterly Intelligence-Reports for 2016
  - Healthwatch Slough Annual Report 2015/16

Going forward it is proposed that the Wellbeing Board continue to receive and discuss Healthwatch Slough reports with the recommendations and progress updates being considered by the Health and Social Care Priority Delivery Group.

#### **Section 4: Conclusion**

This Annual Report summarises the work of the Wellbeing Board to improve health and wellbeing outcomes for people living in Slough. The approach is one founded on strong partnership working and an understanding that the challenges facing health and social care are too great for any single organisation to tackle alone.

Members of the Wellbeing Board are committed to working together to ensure Slough has the right strategic plans and partnership arrangements to face these challenges.

During the course of 2017/18 the Wellbeing Board will continue to strengthen its partnership structures to build on the work that has been done to date to improve the health and wellbeing of local people. The Board will use the findings of this Annual Report to review progress against the priorities in the Wellbeing Strategy and check that these remain the right areas of focus for the year ahead, refreshing these if the data and local context point to evidence for this. The Slough Wellbeing Board will

consult on any changes that are required and will invite input from partners and stakeholders at the annual partnership event to be held in September 2017.

**APPENDIX 1: The Wellbeing Board has the following statutory responsibilities (as set out in the Health and Social Care Act 2012):**

- To prepare and publish a Joint Strategic Needs Assessment (JSNA) of the health needs of the people of Slough.
- To prepare and publish a Joint Health and Wellbeing Strategy (JHWS) for Slough.
- To give its opinion to the Slough Clinical Commissioning Group (the CCG) as to whether their Commissioning Plans adequately reflect the current JSNA and JHWS.
- To comment on sections of the CCG's Annual Report which describe the extent of the CCG's contribution to the delivery of the JHWS.
- To give its opinion, when requested by the NHS Commissioning Board, on the CCG's level of engagement with the Board, and on the JSNA and the JHWS.
- To encourage integrated partnership working between organisations that plan and deliver health and/or social care services for local people in the area.
- To work with partners to identify opportunities for future joint commissioning.
- To lead on the signing off of the Better Care Fund Plan (BCF).
- To publish and maintain a Pharmaceutical Needs Assessment (PNA).
- To give its opinion to the Council on whether it is discharging its duty to have regard to any JSNA and JHWS prepared in the exercise of its functions.
- To ensure that strategic issues arising from Slough's Adult Safeguarding Board and Local Safeguarding Children's Board inform the work of the Board.
- To receive the annual reports from the Slough's Adult Safeguarding Board and Local Safeguarding Children's Board and ensure that partners respond to issues pertinent to the Board.
- To exercise any Council function which the Council delegates to it.